## We claim:

- 1. A cubic liquid crystalline phase precursor comprising:
  - (A) an amphiphile capable of forming a cubic liquid crystalline phase,
  - (B) an optional solvent,
- (C) an additive selected from the group consisting of an anchor, a tether, and combinations thereof, and

wherein (A), (B), and (C) are present in mass fractions relative to each other such that

$$1.0 = a + b + c$$

wherein a is the mass fraction of (A), b is the mass fraction of (B), and c is the mass fraction of (C), and wherein 1.0 > a > 0, 1.0 > b, 0, 1.0 > c > 0; and with the proviso that a, b, and cont fall within a cubic liquid crystalline phase region on a phase diagram representing phase behavior of (A), (B), and (C).

2. The precursor of claim 1, wherein (A) is a monoglyceride having the formula:

, wherein R is selected from the group consisting of monovalent hydrocarbon groups of 6 to 22 carbon atoms, and monovalent halogenated hydrocarbon groups of 6 to 22 carbon atoms.

- 3. The precursor of claim 1, wherein (B) is a polar solvent selected from the group consisting of water, glycerol, glycols, formamides, ethylammonium nitrate, and combinations thereof.
- 4. The precursor of claim 1, wherein (C) is an anchor selected from the group consisting of positively charged surfactants and negatively charged surfactants.

- 5. The precursor of claim 4, wherein the anchor is a positively charged surfactant selected from the group consisting of quaternary surfactants, imidazoline based surfactants, substituted amino acids, and combinations thereof.
- 6. The precursor of claim 4, wherein the anchor is a negatively charged surfactant selected from the group conting of alkyl carboxylates, modified carboxylates, isethionates, mono- and di-pho-phate esters, alkyl sulphates, sulphonates, alkyl sulphonates, sulphonates, and combinations thereof.
- 7. The precursor of claim 1, wherein (C) is a tether selected from the group consisting of derivatized polysaccharides, linear substituted polymers, star polymers, polypeptides, and polynucleotides, and combinations thereof.
- 8. The precursor of claim 7, wherein the tether is a derivatized polysaccharide selected from the group consisting of cellulose derivatives, chitin derivatives, starch derivatives, glycogen, glycoaminoglycans, glycoproteins, lignan based polymers, and combinations thereof.
- 9. The precursor of claim 7, wherein the tether is a linear substituted polymer selected from the group consisting of vinyl polymers, polyamines, polyamides, polyesters, polyphosphates, polysiloxanes, polycarbonates, polyethoxylates, and combinations thereof.
- 10. The precursor of claim 7, wherein the tether is a polypeptide selected from the group consisting of polylysine, lipoproteins, and combinations thereof.
  - 11. The precursor of Claim 1 further comprising:
  - (D) an active ingredient.



- 12. The precursor of claim 11 wherein said precursor provides the topical delivery of a pharmaceutical, cosmetic active compound, and combinations thereof.
- 13. The precursor of claim 11 wherein said precursor provides nutrient delivery, encapsulation, stabilization, enzyme delivery, generate trans-membrane protein crystal structures, and combinations thereof
  - 14. A bulk cubic liquid crystalline gel comprising:
  - (A) an amphiphile capable of forming a cubic liquid crystalline phase,
  - (B) a solvent,
- (C) an additive selected from the group consisting of an anchor, a tether, and combinations thereof, and

wherein (A), (B), and (C) are present in mass fractions relative to each other such that

$$1.0 = a + b + c$$

wherein a is the mass fraction of (A), b is the mass fraction of (B), and c is the mass fraction of (C), and wherein 1.0 > a > 0, 1.0 > b > 0, 1.0 > c > 0; and with the proviso that a, b, and c fall within a cubic liquid crystalline phase region on a phase diagram representing phase behavior of (A), (B), and (C).

- 15. The bulk cubic liquid crystalline gel of Claim 14 further comprising:
- (D) an active ingredient.
- 16. A disperison of cubic liquid crystalline gel particles comprising:
- (A) an amphiphile capable of forming a cubic liquid crystalline phase,
- (B) a solvent, and
- (C) an additive selected from the group consisting of an anchor, a tether, and combinations thereof,
  - wherein (A), (B), and (C) are present in mass fractions relative to each other such

that

$$1.0 = a + b + c$$

wherein a is the mass fraction of (A), b is the mass fraction of (B), and c is the mass fraction of (C), and wherein 1.0 > a > 0, 1.0 > b > 0, 1.0 > c > 0; and with the proviso that a, b, and c fall within a region representing cubic liquid crystalline phase in combination with at least one other phase on a phase diagram representing phase behavior of (A), (B), and (C), with the proviso that the dispersion has a form of functionalized cubic liquid crystalline gel particles dispersed in the other phase.

17. A method for preparing the cubic liquid crystalline phase precursor of Claim 1 comprising the steps of: combining (A) an amphiphile capable of forming a cubic liquid crystalline phase, (B) an optional solvent, (C) an additive selected from the group consisting of an anchor, a tether, and combinations thereof, and (D) an active ingredient, wherein (A), (B), and (C) are present in mass fractions relative to each other such that

$$1.0 = a + b + c$$

wherein a is the mass fraction of (A), b is the mass fraction of (B), and c is the mass fraction of (C), and wherein  $1.0 > a \ge 0$ , 1.0 > b 0, 1.0 > c. 0; and with the proviso that a, b, and c do not fall within a cubic liquid crystalline phase region on a phase diagram representing phase behavior of (A), (B), and (C), and with the proviso that amounts of each ingredient in the composition are such that a cubic liquid crystalline phase forms upon occurrence of a stimulus.

- 18. The method of claim 17, wherein (A) is a liquid, and ingredients (A), (B), (C), and (D) are combined by mixing.
- 19. The method of claim 17, wherein (A) is a solid, and (A), (B), (C), and (D) are combined by a method selected from the group consisting of:
- (a) heating (A) to a temperature greater than its melting point and then mixing (A) with ingredients (B), (C), and (D); and,
  - (b) fragmenting (A) into solid particles and thereafter combining (A) with (B),

## (C), and (D).

- 20. The method of claim 17, wherein the stimulus is selected from the group consisting of:
- (a) addition of a specified material selected from the group consisting of additional amphiphile and solvent;
- (b) removal of a material selected from the group consisting of a portion of the amphiphile, and solvent;
  - (c) a temperature change;
  - (d) a pH change;
  - (e) addition of a salt;
  - (f) a pressure change; and,
  - (g) combinations thereof.